

# In Her Skin 2017: Making Babies Agenda

## 9:00 a.m.-1:00 p.m. | The walk through parenthood: fertility, pregnancy and post partum

- How to have an HIV-free baby: today's treatments have simplified things
- Protecting her privacy: HIV during pregnancy and delivery
- To breastfeed or not: protecting the infant from HIV transmission. Increasing attachment between mom and babe
- Cultural issues: creating safe, ethical space at every stage; cultural norms and formula feeding
- Supporting the new HIV + mother: managing a greater risk of post-partum depression

## 1:30 p.m.-2:30 p.m. | Grab a bite and get down with HIV + parenting Light lunch and community expertise discussion of topics arising from morning session

- Learn more about parenting and HIV
- Magnetic couples: supporting the partner who's HIV negative
- Mothers alone: getting community support

## 2:30 p.m.-4:30 p.m. | Sharing stories | Community discussion in a safe, confidential space

- A chance for couples living with HIV to explore the deeper questions
- Service providers are also welcome

**Child care will be provided upon request.**

**This is a free event, so join us.**

